

Under the auspices of



4th WORLD CONGRESS
Cardio-Kidney Metabolic Medicine



18th-19th April 2026
The Leela Hotel, Mumbai

Scientific Programme



Dear Colleagues

The **4th World Congress on Cardio-kidney-metabolic medicine** scheduled to be held at Mumbai on **18th-19th April 2026** is a unique congress of its type.

The conference on this new sub-specialty of medicine promises to be a unique academic extravaganza and will cover current and futuristic approaches in CKM medicine. Panel discussions, debates, interactive sessions, and hot topics in various fields are scintillating attractions of the conference.

A galaxy of speakers from the different parts of the globe will be addressing on current issues in CKM Medicine. The scientific deliberations at this congress will have major impact in translating the cutting edge advances into day-to-day clinical practice. Delegates from across India and neighboring countries will participate in this event.

I am sure the delegates will enjoy the flashes of expertise during scientific deliberations. On behalf of scientific committee, It's my great honour to invite you to actively participate in this conference. I am sure the proceeding of the conference will immensely contribute towards better patient care.

Dr Prof P C Manoria

Chairman

Scientific Committee



Topics

- ★ The Diabetes challenge worldwide and how IDF will repond
- ★ Prevention of diabetes
- ★ The Epidemic of MASH and how fasting can address this
- ★ Panel on CKM



Dr. Peter Schwarz
President
International Diabetes Federation



Topics



- ★ Current Issues in Diabetes
- ★ Role of SGLT2i in diabetes and heart failure
- ★ Panel of CKM
- ★ The need for intensive LLT in diabetes to reduce the risk of CV events



Dr. Prakash Deedwania (USA)
Globally Renowned
Cardiometabolic Physician



Topics



- ★ Imaging for "Risk Management in the CKM Syndrome
- ★ Obesity and its phenotyping- What can CT, CMR, and Nuclear Techniques tell us?
- ★ Panel Discussion CKD



Dr. Y. S. Chandrashekar
Editor-in-Chief
JACC Imaging



Topics



- ★ Panels discussion on CKM
- ★ Dialogue : Update on Lp(a): Status 2026
- ★ How to beat heart disease in young (less than 50 years) and very young



Dr. Enas A Enas (USA)
Founding President
CADI Research Foundation



Topic



★ Aging & CVD : "Whatsoever a Man Soweth, That Shall he also Reap"

19th April-2026

09.00-10.00 am



Dr. Jagat Narula
President
World Heart Federation



Topic



★ Epicardial Adipose Tissue: Clinical Biomarker of Cardio-Metabolic Risk

19th April-2026

09.00-10.00 am



Dr Navin C Nanda (USA)
Father of Echocardiography



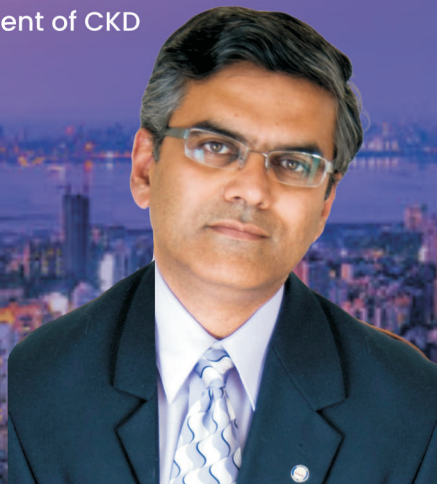
Topic



- ★ Key Messages for early diagnosis & treatment of CKD

18th April-2026

02:25-02:50 pm



Dr Rajiv Agarwal (USA)
Globally Renowned
Nephrologist



Topic



★ Wake call for sleep health

19th April-2026
03:00-04:00 pm



Dr Anidu Pathirana (Srilanka)
Internationally Renowned
Cardiologist



Topics



- ★ Tackling the diabetes epidemic in India : Some success stories
- ★ Panel : Current Issues in Diabetes
- ★ Precision Diabetes Care: Where are we in India today
- ★ Panels discussion on CKM



Dr V Mohan
Globally Renowned
Diabetologist



Topic



★ AI in cardiovascular disease

18 April-2026

12:00-01:00 pm



Dr Dorairaj Prabhakaran
President Elect
World Heart Federation



Topic



★ Advances in ATTR amyloidosis :
Stabilizers, silencers & CRISPR innovation

18th April-2026

05:00-06:00 pm



Dr Amrish Agrawal (UAE)
Internationally Renowned
Cardiologist



Topic



★ Single agent stronger impact :
Innovator semaglutide redefining CKM success

19th April-2026

11:00-12:00 pm



Dr Sunil Gupta
President Elect
National RSSDI



Topic



★ Pelacarsen : The new emerging hope for LP(a)

18th April-2026

05:00-06:00 pm



Dr Satyendra Tewari
President Elect
National CSI



Topic



- ★ The theory, the truth and the troubles:
Learn to tame the hyperlipidemia

19th April-2026

03:00-04:00 pm



Star Speaker



Dr Ashok Tahilyani (UK)
Internationally Renowned
Cardiologist



Topic



★ Artificial Intelligence in Cardiovascular Health: The Next Frontier

18th April-2026

05:00-06:00 pm



Dr Abhay K Pandey (UAE)
Internationally Renowned
Cardiologist



Topic



★ GLP-1 : The AI moment in
cardiometabolic care

18th April-2026

12:00-01:00 pm



Mr Vikrant Shrotriya

Corporate Vice President
& General Manager India
Bengaluru



CARDIO KIDNEY METABOLIC MEDICINE 2026

Editor-in-Chief
PC Manoria



Forewords
Peter EH Schwarz
Prakash Deedwania
YS Chandrashekar
Navin C Nanda



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Scientific Halls

Shivaji & Tagore Hall

Day-1

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Shivaji & Tagore Hall

Day-2

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Vivekanand Hall

Day-1

Page No. 34

Vivekanand Hall

Day-2

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Day-1

Workshop-1 : Workshop on Artificial Intelligence

Workshop-2 : Workshop on Obesity

Day-2

Workshop-3 : Workshop on Insulin









Workshop-4 : Workshop on CGM















Day-1

Scientific Programme

18th April 2026
(Saturday)

| 9.00-10.00 am | Session : Back to Basics | Speaker |
|---|--|---------------------------------------|
| Chairpersons: Dr. Tanuja Manohar, Dr A K Bhattacharya | | |
|  | A deep dive in lipid profile | Dr S R Mittal Ajmer |
|  | Body composition analysis : All you need to know | Dr Neeta Deshpande Belagavi |
|  | NT-proBNP: The Crystal Ball Predicting HF Fates | Dr Suresh Vijan Mumbai |
|  | Elastography (Fibroscan) : Utility in MASLD | Dr Rajas Chaubal Mumbai |
| Discussion | | 12 Min |
| 10.00-11.00 AM | Emerging concepts, Emerging therapies | Speaker |
| Chairpersons: Dr Brij Mohan, Dr. Devpriya Lakra | | |
|  | Tackling the diabetes epidemic in India- some success stories. | Dr V Mohan Chennai |
|  | Colchicine : Unlocking its potential in the Treatment of CAD | Dr Ramesh Dargad Mumbai |
|  | Imeglimin : A Novel Oral Therapy for Type 2 Diabetes Management | Dr Brij Mohan Kanpur |
|  | Once weekly gliptin -Trelagliptin : Efficacy and safety | Dr Meena Chhabra Delhi |
| Discussion | | 12 Min |

| 9.00-10.00 am | Session : Back to Basics | Speaker |
|---|---|--|
| Chairpersons: Dr Nalini Humane, Dr. G S Dhanawat | | |
|  | Calcium score : Understanding its nuances in predicting CAD | Dr Johann Christopher Hyderabad |
|  | DXA Scan for bone mineral density (BMD) | Dr Suvrat Arya Noida |
|  | Multi-Organ Dysfunction Syndrome (MODS) in ICU Care | Dr Bajan Khusrav Mumbai |
|  | UACR: The key to cardiovascular Kidney protection | Dr Anil Pareek Mumbai |
| | Discussion | 12 Min |
| 10.00-11.00 AM | Session Obesity Current Issues | Speaker |
| Chairpersons: Dr Rohit Kapoor, Dr Brij Mohan, Dr Anurag Chaurasia | | |
|  | Metabolically Healthy Obesity – Does it Really Exist | Dr. Rakesh Sahay Hyderabad |
|  | Normal Weight Obesity & Cardiometabolic Health Risk | Dr. Purvi Chawla Mumbai |
|  | Weight loss and skeletal muscle: Trade-offs, Truths & Tactics | Dr Neeta Deshpande Belagavi |
|  | The Future of Obesity Management | Dr B M Makkar Delhi |
| | Discussion | 12 Min |

| 11.00-11.30 am | Session : Debate-1 | Speaker |
|--|---|--|
| Chairpersons : Dr Prakash C Deedwania, Dr. Y.S. Chandrashekar | | |
| | Should CT angiography be an integral part of an executive health checkup? | |
|  | (a) It enhances early detection and improves patient care. | Dr Johann Christopher Hyderabad |
|  | (b) Not needed often leads to further testing and debatable invasive procedures. | Dr Prafulla Kerkar Mumbai |
| | Rebuttal | 2 Min Each |
| 11.30-12.00 pm | Session : Debate-2 | Speaker |
| Chairpersons: Dr Pankaj Manoria Dr Abhay K Pandey, Dr Ashok Tahilyani | | |
| | PCI or CABG: Optimal Long-Term Strategy for 35-Year-Old Male with Multivessel Disease | |
|  | PCI | Dr Suresh Vijan Mumbai |
|  | CABG | Dr O P Yadava Delhi |
| | Rebuttal | 2 Min Each |

11.00-11.45 am

Session : Panel Discussion

Topic : Current Issues in Diabetes

Moderator

Panelists



Dr P C Manoria



Dr Peter Schwarz
Germany



Dr Prakash Deedwania
USA



Dr V Mohan
Chennai

11-45-11.12 pm

Session : Heart Failure

Speaker

Chairpersons : Dr Sangram Biradar, Dr Vinay Pandit



ARNI in HFREF : Need of Indian
clinical snapshot





Dr P B Jayagopal
Palakkad

Discussion

3 Min.






These foods will help you avoid diabetes

| 12-01.00 pm | Session : Diabeto-cardiology | Speaker |
|---|---|------------------------------------|
| Chairpersons: Dr Rakesh Sahay, Dr Sadanand Shetty, Dr Neeta Deshpande | | |
|  | The Diabetes challenge worldwide and how IDF will respond ? | Dr Peter Schwarz Germany |
|  | Role of SGLT2i in diabetes and heart failure | Dr P C Deedwania USA |
|  | Precision Diabetes Care: Where are we in India today | Dr V Mohan Chennai |
|  | AI in cardiovascular disease | Dr D Prabhakaran Delhi |
| | Discussion | 12 Min |
| 1.00-2.00 pm | Lunch | Speaker |



Utilize low carb food in diet








| 12:00-01:00 pm | Session : Current Issues | Speaker |
|---|---|--|
| Chairpersons: Dr P C Manoria, Dr S S Iyengar, Dr Satyendra Tewari | | |
|  | GLP-1 : The AI moment in cardiometabolic care | Mr Vikrant Shrotriya Bengaluru |
|  | Imaging for "Risk Assessment" in the CKM syndrome | Dr Y S Chandrashekar USA |
|  | Beyond Western Risk Scores: The Imperative for an India-Specific LAI ASCVD Risk Calculator | Dr Raman Puri Delhi |
| | Discussion | 12 Min |
| 1:00-2:00 pm | Lunch | |











Be physically active

(Combined Session 02:00-04:30 pm)

| Time | Session : CKM | Speaker |
|--------------|--|---|
| 2.00-2.25 pm | Cardio Kidney Metabolic Medicine: The necessity for adopting globally | <p>Moderator : Dr PC Manoria</p> <p>Panelists: Dr Prakash Deedwania (USA) Dr Peter Schwarz (Germany) Dr Y S Chandrashekar (USA) Dr Enas A Enas (USA) Dr V Mohan (Chennai)</p> |
| 2.25-2.50 pm | <p>Dialogue : Key Messages for early diagnosis & treatment of CKD</p> | Dr Rajiv Agarwal USA |
| 2.50-3.15 pm | Prevention of diabetes | Dr Prof Peter Schwarz Germany |
| 3.15-3.40 pm | <p>Dialogue: Playing with imaging tools in cardiac imaging to achieve optimal results</p> | <p>Moderator : Dr P C Manoria</p> <p>Expert : Dr Y S Chandrashekar (USA)</p> |
| 3.40-4.05 pm | <p>Dialogue: Update on Lp(a); Status 2026</p> | <p>Moderator : Dr P C Manoria</p> <p>Expert : Dr Enas A Enas (USA)</p> |
| 4.05-4.30 pm | From research to practice : The future of cardiac care | Dr PC Manoria |
| 4.30-5.00 pm | Tea Break | |

| 5.00-6.00 pm Emerging Concepts, Emerging Therapies | | Speaker |
|---|---|---------------------------------|
| Chairpersons: Dr Sanjeev Kumar, Dr A K Tiwari, Dr Prabhat Pandey | | |
|  | Inhaled Insulin : A New Breath in Diabetes Care | Dr Rajiv Kovil Mumbai |
|  | Resmeritrom : New drug for MASLD | Dr Vinod Mittal Delhi |
|  | Advances in ATTR amyloidosis: Stabilizers, silencers & CRISPR innovation | Dr Amrish Agrawal UAE |
|  | Artificial Intelligence in Cardiovascular Health: The Next Frontier / | Dr Abhay K Pandey UAE |
| Discussion | | 12 Min |
| 6.00-6.45 am Session : Current Issues | | Speaker |
| Chairpersons: Dr Archana Gupta, Dr Sanjay Kalbande, Dr R K Dixit | | |
|  | Metabolic inflammation : The common soil for cardiac renal & cognitive decline | Dr G B Sattur Hubli |
|  | Comprehensive Care in Cardiac Patients: Understanding importance of shingles prevention | Dr P C Manoria Bhopal |
|  | Diabetes Distress Syndrome | Dr. Simmi Dube Bhopal |
| Discussion | | 12 Min |

| 5.00-6.00 pm Emerging Concepts, Emerging Therapies | | Speaker |
|---|---|--|
| Chairpersons: Dr Satish Suryavanshi, Dr Meena Chabra | | |
|  | Nonpeptide oral GLP-1 RAs : Current Status | Dr Vijay Negalur Mumbai |
|  | Silencing APOC3 : Olezarsen and Plozasiran in Severe TG Disorders | Dr S N Narasingan Chennai |
|  | Pelacarsen : The new emerging hope for LP(a) | Dr Satyendra Tewari Lucknow |
|  | Oral PCSK9 inhibitor : Potentially an easy alternative to injectable PCSK9 drugs | Dr S S Iyengar Bengaluru |
| Discussion | | 12 Min |
| 6.00-7.00 pm Session : Current Issues | | Speaker |
| Chairpersons: Dr R K Jha, Dr A K Bhattacharya, Dr Ramesh Bhargawa | | |
|  | Quiz | Dr Pankaj Manoria Bhopal |
|  | Potassium, RAASi and Heart: Keeping Life Saving Therapies on Track | Dr Bhupen Desai Mumbai |
|  | Weight management after weight loss drug therapy | Dr Abhishek Shrivatava Jabalpur |
|  | Erectile dysfunction in diabetics | Dr. Subodh Banzal Indore |
| Discussion | | 12 Min |

10.15-11.00 am

Session : Workshop-1

Workshop on Artificial Intelligence



Dr Alok Modi
Mumbai



Dr S V Kulkarni
Mumbai



Dr Mayank Jain
Mumbai



Dr Milind S Gune
Mumbai

11.00-11.45 am

Session : Workshop-2

Workshop on Obesity



Dr B M Makkar
Delhi









Dr Neeta Deshpande
Belagavi







Day-2

Scientific Programme





19th April 2026
(Sunday)

| 9.00-10.00 am | Session : Emerging Concepts | Speaker |
|--|--|------------------------------------|
|  | Epicardial Adipose Tissue: Clinical Biomarker of Cardio-Metabolic Risk | Dr Navin C Nanda USA |
| | Discussion | 5 Min |
|  | Aging & CVD: "Whatsoever a Man Soweth, That Shall he also Reap" | Dr Jagat Narula USA |
| | Discussion | 5 Min |
| 10.00 -11.00 am | Session : Current Issues | Speaker |
| Chairpersons: Dr J K Sharma, Dr P T V Nair, Dr Sanjay Shrivastava | | |
|  | Novel LDL-C therapies on the horizon : CETP inhibition | Dr Rajeev Agarwal Meerut |
|  | Reframing Heart Failure as a Preventable Condition | Dr Saumitra Ray Kolkata |
|  | Managing diabetic gastroparesis: Beyond blood sugar control | Piyush Manoria Bhopal |
|  | ERAs & ASI for resistant hypertension | Dr Rajeev Gupta Jaipur |
| | Discussion | 12 Min |

| 9.00-10.00 am | Session : Current Issues | Speaker |
|---|---|------------------------------------|
| Chairpersons: Dr Sanjay Verma, Dr Rajeev Lochan, Dr Atul Gupta | | |
|  | Importance of Early Holistic Management in Type 2 Diabetes | Dr Meena Chhabra Delhi |
|  | Heart Attacks in the Gym: Clinical Insights for Practicing Physicians | Dr Mayur Jain Mumbai |
|  | Fast food kills faster : Myth or Realty | Dr Rohit Kapoor Amritsar |
|  | CPR: A Lifesaving Skill | Dr Khusrav Bajan Mumbai |
| | Discussion | 12 Min |














Healthy Lifestyle







| 10.00-10.30 am | Session Debate | Speaker |
|---|---|-------------------------------------|
| Chairpersons: Dr. Reema Kashiva, Dr Satish Chandra Mishra | | |
| | The big fat fight in India : Semaglutide vs Tirzepatide | |
|  | (a) Semaglutide is better | Dr A K Virmani Jamshedpur |
|  | (b) Tirzepatide is better | Dr. Manoj Chawla Mumbai |
| | Rebuttal 2 Min Each | |
| 10:30-11:00 am | Session : Emerging Issues | Speaker |
| Chairpersons: Dr Vivek Tigga, Dr Ashok Tiwari | | |
|  | Antiplatelet de-escalation : How long, How short ? | Dr Pankaj manoria Bhopal |
|  | From mitochondrial dysfunction to insulin resistance : Spectrum of metabolic health | Dr Puneet saxena Jaipur |
| | Discussion | 6 Min |







Fruits for Healthy Heart

| 11.00-12.00 pm | Session : Diabeto-cardiology | Speaker |
|---|---|-------------------------------------|
| Chairpersons: Dr Saumitra Ray, Dr Sharukh Golwala, Dr Simmi Dube | | |
|  | Pre-Diabetes and CVD | Dr A K Virmani Jamshedpur |
|  | Young onset T2DM- emerging threat to Indian Healthcare system | Dr Rakesh Parikh Jaipur |
|  | Diabetes and cardiovascular risk: Where do we begin ? | Dr Sanjay Agarwal Pune |
|  | Cardio metabolic focused diabetes management: Aligning glycemia & heart health | Dr J K Sharma Delhi |
| | Discussion | 12 Min |
| 12.00-01.00 pm | Session : Metabolic Medicine | Speaker |
| Chairpersons: Dr Lekha Pathak, Dr Mantosh Panja | | |
|  | The epidemic of MASH and how fasting can address this | Dr Peter Schwarz Germany |
|  | The need for intensive LLT in diabetes to reduce the risk of CV events | Dr Prakash Deedwania USA |
|  | Obesity & its phenotyping- What can CT, CMR & Nuclear Techniques tell us ? | Dr Y S Chandrashekar USA |
|  | Management of non obstructive CAD | Dr Mantosh Panja Kolkata |
| | Discussion | 9 Min |
| 1.00-2.00 pm | Lunch | |



| 11:00-12:00 pm | Session : Obesity | Speaker |
|---|--|-----------------------------------|
| Chairpersons : Dr P C Manoria, Dr Vaishali Deshmukh, Dr M E Yeolekar | | |
|  | CKM optimization through GLP-1 power : The rDNA semaglutide story | Dr Vijay Neglaur Mumbai |
|  | Beyond The Dual Hype : Innovator semaglutide's legacy speaks | Dr Rema Kashiva Pune |
|  | Single agent stronger impact : Innovator semaglutide redefining CKM success | Dr Sunil Gupta Nagpur |
| Discussion | | 15 Min |
| 12.00-01.00 pm | Session : CAD | Speaker |
| Chairpersons: Dr Sadanand Shetty, Dr. A K Virmani, Dr. Anurag Chaurasia | | |
|  | Early death in Indian doctors | Dr Amit Vora Mumbai |
|  | Predicting SCD: Clues from ECG, MRI and genetics | Dr Ashish Nabar Mumbai |
|  | How to beat heart disease in young (less than 50 years) and very young | Dr Enas A Enas USA |
| Discussion | | 12 Min |
| 01.00-02.00 pm | Lunch | |

| 2.00-3.00 pm | | Session : CKM | Speaker |
|---|--|--|---------------|
| Chairpersons: Dr Manisha Khande, Dr Rohit Mody, Dr Suresh Jain | | | |
|  | Cardiometabolic syndrome as a Psycho-Neuro-Immuno-Endocrinology disease | Dr Vaishali Deshmukh Pune | |
|  | Top ten cardiology trials in 2025-2026 useful in practice | Dr V T Shah Mumbai | |
|  | Management of hyperkalemia in HF and CKD | Dr A K Kirpalani Mumbai | |
| | | Discussion | 12 Min |
| 3.00-4.00 pm | | Session : Current Issues | Speaker |
| Chairpersons: Dr S B Gupta, Dr Ketan Mehta | | | |
|  | The theory, the truth and the troubles: Learn to tame the hyperlipidemia. | Dr Ashok Tahilyani UK | |
|  | Wake call for sleep health | Dr Anidu Pathirana Srilanka | |
|  | Precision and practice : Redefining management of symptomatic OHCM with Mavacamten | Dr Suresh Vijan Mumbai | |
| | | Discussion | 9 Min |

| 2.00-3.00 pm | Session : Obesity and CAD | Speaker |
|---|---|--|
| Chairpersons: Dr G S Dhanawat, Dr Vaishali Deshmukh | | |
|  | Childhood Obesity: Facts, Figures, and Future Directions | Dr Priti Phatale Aurangabad |
|  | Obesity Management in 2026: From Lifestyle to precision Pharmacotherapy | Dr Vijay Panikar Mumbai |
|  | A Bariatric Surgeon's Perspective on Obesity Management | Dr Shashank Shah Pune |
|  | Coding of coronary angiogram : The CALD code approach | Dr R K Gokhroo Ajmer |
| | Discussion | 12 Min |







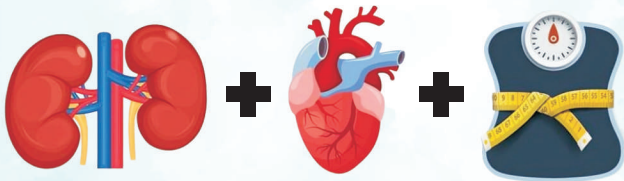
Avoid Ultra Processed Foods

| 3.00-4.00 pm | Session : Diet & Heart | Speaker |
|---|---|--------------------------------------|
|  | Heart Healthy Diet : Current concepts | Sheryl Salis Mumbai |
|  | Diet in patients on new antiobesity drugs (Semaglutide & Tirzepatide) | Niti Desai Mumbai |





Rapid Fire :

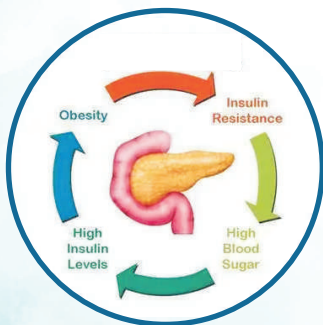
1. Can a person with diabetes eat mango?
2. Which fruits can people with diabetes eat, and which fruits should they avoid?
3. Can jaggery be substituted for sugar?
4. Are millets better than wheat or rice for blood glucose control?
5. Is milk bad for people with diabetes?
6. Which nut is better for cardiovascular health Cashews, walnuts, almonds, or pistachios?
7. Can a person who has had a heart attack, undergone angioplasty, and has high cholesterol eat eggs?
8. Should people with diabetes completely avoid carbohydrates?
9. Are brown sugar or honey safer than white sugar for people with diabetes?
10. Does eating small, frequent meals always improve glucose response?

| 4.00-5.00 pm | Session : Cardiometabolic Medicine | Speaker |
|---|--|-------------------------------------|
| Chairpersons: Dr S B Gupta, Dr Viany R Pandit, Dr K Dhebri | | |
|  | Newer indications for GLP-1RA and its safety | Dr Ramesh Dargad Mumbai |
|  | BMI/W/H Ratio or body composition : Which is better for adiposity measurement. | Dr Ketan Mehta Mumbai |
|  | Diabetes and Bone health : Current Status | Dr Vinay R Pandit Raipur |
|  | TMT in CAD: Still Relevant in the Modern Era? | Dr S B Gupta Mumbai |
| Discussion | | 12 Min |







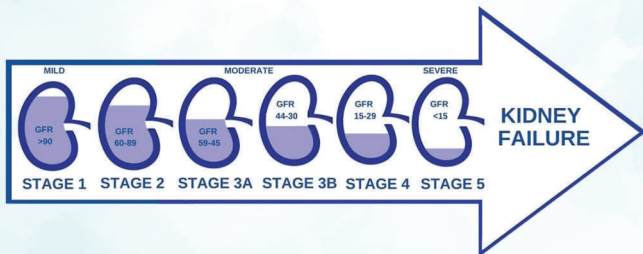
**Cardiovascular-Kidney-Metabolic
(CKM) Syndrome**

| 4.00-5.00 pm | Session : CKM | Speaker |
|---|---|------------------------------------|
| Chairpersons : Dr P T V Nair, Dr M E Yeolekar | | |
|  | Hyponatremia in Heart Failure: A Stepwise Clinical Approach | Dr Sajid Ansari Lucknow |
|  | Using Polygenic risk scores for diabetes prediction in young adults. | Dr M E Yeolekar Mumbai |
|  | GLP-1 RA in obesity management | Dr Anil Bhoraskar Mumbai |
|  | When the Heart, Sugar and Kidneys fail, Who speaks first ? | Dr Deepak Jumani Mumbai |
| Discussion | | 12 Min |



Diabetes

| 09.00-10.00 | Session : Current Issues | Speaker |
|---|--|---|
| Chairpersons: Dr Pratap P Jethwani, Dr Kannan Natrajan, Dr Suresh Jain | | |
|  | Obesity is the New Smoking: Are Cardiologists Ready ? | Dr Satish Suryavanhi Raipur |
|  | Painful diabetic neuropathy : How to tackle it in the current era ? | Dr Shankar Khobragade Nagpur |
|  | Wearables and Remote Cardiac Monitoring: Hype vs Reality | Dr Prashant Advani Raipur |
|  | Happy heart syndrome | Dr R K Jha Indore |
| Discussion | | 12 Min |



Staging of CKD

| 10.00-11.30 am | Session : Diabeto-cardiology | Speaker |
|---|---|---|
| Chairpersons: Dr R K Jha, Dr Vijay Pagare, Dr I L Chandelkar | | |
|  | Microbiota in Diabetes: The Hidden Metabolic Regulator | Dr Abhishek Singhai Bhopal |
|  | Beyond weight loss : A new frontier in multimodal pain management | Dr Roopesh Jain Bhopal |
|  | Approach to diabetes in rural setting | Dr Pratap Jethwani Rajkot |
|  | Once weekly insulins : Current status | Dr Kannan Natarajan Chennai |
|  | Artificial sweeteners : Friend or foe to your wellness | Dr Shaifali Bansal Bhopal |
|  | Electrophysiological solutions to heart failure. | Dr Javed Parvez Raipur |
| | Discussion | 12 Min |
| 10.30-11.00 am | Session : Workshop-3 | Speaker |
|  | Workshop on Insulin | Dr Bhavatharini Ayurchelvan Chennai |
| 11.00-11.30 am | Session : Workshop-4 | Speaker |
|  | Workshop on CGM | Dr Manoj Chawla Mumbai |



Day-1

Free Papers

ORAL PRESENTATION

18th April 2026

(Saturday)

7:45-9:00 am

Free Paper Oral Presentation

Chairpersons : Dr Roopesh Jain, Dr Rahul Agrawal

| | |
|----------|---|
| 1 | <p>Failing Hearts, Fast Decisions: The Clinical Profile of Acute Decompensated Heart Failure in the Emergency Department at the Tertiary Care Hospital</p> <p>Dr. Shubham Patel, Dr. Amalkumar Bhattacharya, Dr. Shivam Kaneria, Dr. Govind Hadgarada, Dr. Khushboo Prajapat, Dr. Kunal Solanki</p> <p>Department of General Medicine SBKS MC & RI, Sumandeep Vidyapeeth , Vadodara, Gujarat</p> |
| 2 | <p>Acute glycemic variability and its correlation with outcomes among sepsis patients: a prospective observational study</p> <p>Dr. Shashwat Shukla, Dr. Vinay R Pandit, Dr. Jhasaketan Meher, Dr. Joydeep Samanta, Dr. Naman Agrawal</p> <p>Department of general medicine, All India Institute of Medical Sciences, Raipur</p> |
| 3 | <p>Hypertensive emergency presenting as simultaneous acute pulmonary edema and POSTERior reversible encephalopathy syndrome (pres)</p> <p>Dr Anupam Deo Pandey, Dr Kanha Gupta, Prof. Dr Archana Gupta</p> <p>Department of General Medicine Gajra Raja Medical College, Gwalior</p> |
| 4 | <p>Study of clinical profile and outcome of sepsis in patients and its correlation with sofa score</p> <p>Dr Kanishk Panwar, Dr Estine K Abraham, Dr Arvind Mittal, Dr Simmi Dube</p> <p>Department of General Medicine Gandhi Medical College, Bhopal</p> |
| 5 | <p>Study of Serum Potassium Level and Its Clinical Outcomes in Acute Decompensated Heart Failure Patients</p> <p>Dr Khushboo Prajapat, Dr Amalkumar Bhattacharya, Dr Govind Hadgarada, Dr Devansh Shah, Dr Kunal Solanki</p> <p>Department of Medicine SBKS MC & RI, Sumandeep Vidyapeeth , Vadodara, Gujarat</p> |

| 7:45-9:00 am Free Paper Oral Presentation | |
|--|---|
| Chairpersons : Dr Tanuja Manohar, Dr Roshan Chanchlani | |
| 1 | <p>Postsurgical Guillain-Barré Syndrome: A Rare Complication Following Orthopedic Trauma and Surgery</p> <p>Dr Ajinkya Kakade, Dr Shilpa Deoke, Dr Tanuja Manohar Department of General Medicine NKP SIMS Medical College Nagpur</p> |
| 2 | <p>An aggressive presentation of atypical Anti GBM disease with IGA nephropathy - A case report</p> <p>Dr Saurabh Rinayat, Dr Devpriya Lakra Department of General Medicine Pt. JNM Medical College, Raipur</p> |
| 3 | <p>Hyperhomocystenemia In Young Man Presenting As Acute Mi : A Case Report</p> <p>Dr K Shravankumar, Dr Sanjay Kalbande, Department of General Medicine Chalmeda Anand Rao Institute Of Medical Sciences, Karimnagar</p> |
| 4 | <p>A Study of Metabolic-dysfunction Associated Steatotic Liver Disease in Individuals Hospitalized with Acute Coronary Syndrome</p> <p>Dr Kshitij Jagtap, Dr Shubham Lodha, Dr Abhishek Singhai, Dr Seema Mahant Department of General Medicine All Indian Institute of Medical Sciences, Bhopal</p> |
| 5 | <p>Frailty, Glycemic Control, and Falls in Older Adults with Diabetes: An Observational Study at AIIMS Bhopal</p> <p>Dr Rohit Saboo, Dr Shaurya Tewari, Dr Sukumar M., Dr Abhishek Singhai, Dr Seema Mahant Department of General Medicine All Indian Institute of Medical Sciences, Bhopal</p> |

7:45-9:00 am Free Paper Oral Presentation

Chairpersons : Dr Nalini Humane. Dr A K Bhattacharya

| | |
|----------|--|
| 1 | <p>Incidence and correlation of arrhythmias in acute coronary syndrome and correlation with electrolyte levels and metabolic profile</p> <p>Dr Manisha Kumari, Dr Rohini Rokkam, Dr Pankaj Kumar Kannauje Department of General Medicine, All India Institute of Medical Sciences, Raipur</p> |
| 2 | <p>To study the correlation of peripheral vascular disease and coronary artery disease (myocardial infarction)</p> <p>Dr Kanha Gupta, Dr. Anupam Pandey, Prof. Dr Archana Gupta Department of General Medicine, Gajra Raja Medical College, Gwalior</p> |
| 3 | <p>Study of serum uric acid level in newly detected hypertensive patients with target organ damage and their comparison with newly detected patients of hypertension without target organ damage</p> <p>Dr Nitin Rathore, Dr Kanha Gupta, Prof. Dr Archana Gupta. Department of General Medicine, Gajra Raja Medical College, Gwalior</p> |
| 4 | <p>A rare case of Pasma Cell Leukaemia in a young female</p> <p>Dr Silvee Mohapatra, Dr Pranay Dhurvey, Dr Preksha Dwivedi, Dr Dharmendra Mekle, Dr Simmi Dube Department of General Medicine, Gandhi Medical College, Bhopal</p> |
| 5 | <p>Young Stroke Unmasking Takayasu Arteritis: A Diagnostic Challenge</p> <p>Dr Kushmeet Kaur, Dr. Simmi Dube, Dr. K Deopujari, Dr. N Nahar, Dr P Tiwari (DM), Dr. V Bhalavi Department of General Medicine, Gandhi Medical College, Bhopal</p> |
| 6 | <p>Physicians' Perspectives and Practice of Fixed Dose Combination Therapy in Hypertension Management in India.</p> <p>Dr Naresh Kewal, Dr Swapnil Lahole, Dr Kaustubh Durve, Dr Dnyanoba Bhaskar, Dr Achintya Bhattacharya, Dr Ijaz Ahmed Khan, Dr Satyashil Ingle, Dr Rahul Iyer, Dr Amarnath Sugumaran Cipla limited, Mumbai</p> |



Day-1

Free Papers

POSTER PRESENTATION

18th April 2026

(Saturday)

7:45-9:00 am

Free Paper Poster Presentation

- | | |
|---|--|
| 1 | <p>A Rare Presentation Of Extra-Cranial Giant Cell Arteritis: A Diagnostic Challenge</p> <p>Dr Niharika Gupta, Dr P Dwivedi, Dr R S Yadav, Dr A K Mittal, Dr Ayush Dubey, Dr S Dube</p> <p>Department of General Medicine Gandhi Medical College, Bhopal</p> |
| 2 | <p>Multidrug-Resistant urinary tract infections in the cardiokidney metabolic syndrome: the role of glycemic load and renal dysfunction</p> <p>Dr. Shhittapranjya Mohanty, Dr. Vinay R Pandit</p> <p>Department of General Medicine All India Institute of Medical Sciences, Raipur</p> |
| 3 | <p>Study of serum electrolytes in patients admitted in ICU and their impact on clinic outcomes.</p> <p>Dr Mahesh Pratap Ahirwar,</p> <p>Department of General Medicine Gajra Raja Medical College, Gwalior</p> |
| 4 | <p>Incidence Of Bacterial and fungal Infections in Patients of chronic kidney disease –Study at Tertiary carecentre</p> <p>Dr Ravi Panwar</p> <p>Department of General Medicine Gajra Raja Medical College, Gwalior</p> |
| 5 | <p>Study Prevalence of Sarcopenia in Indian Population Among Diabetics (40-60 Years)</p> <p>Dr Arjit Singh Pawaiya, Dr Kanha Gupta</p> <p>Department of General Medicine Gajra Raja Medical College, Gwr</p> |

| 7:45-9:00 am | | Free Paper Poster Presentation |
|--------------|---|--------------------------------|
| 6 | Cardiovascular Manifestations in Chronic Kidney Disease: A Structured Research Abstract Dr Roopal Kumbhalwar , Dr Kanha Gupta Department of General Medicine Gajra Raja Medical College, Gwalior | |
| 7 | To study the correlation between glycyemic control as assessed by HbA1c levels and the occurrence of renal complications in patients with Type 2 Diabetes Mellitus. Dr Usha Ganawat , Dr Kanha Gupta, Dr Prof. Dr. Archana Gupta Department of General Medicine Gajra Raja Medical College, Gwalior | |
| 8 | When 46,XX Becomes Male: A Rare Case of Sex Reversal Syndrom Dr Ruchira Ravindra Kale , Dr Prof Satyam Jayant Department of General Medicine Gajra Raja Medical College, Gwalior | |
| 9 | Prevalence and 2D Echocardiographic, Color Doppler Assessment of Mitral Regurgitation in Acute ST Elevation Myocardial Infarction in Patient at Tertiary Care Centre in Central India – A Short Term Follow-Up Study Dr Hardik Mehta , Dr Kanha Gupta, Prof. Dr Archana Gupta Department of General Medicine | |
| 10 | Study of Abnormal R Wave in Lead VI in ECG Strip Dr Rajesh Jangir , Dr Kanha Gupta, Prof D. Archana Gupta Department of General Medicine Gajra Raja Medical College, Gwalior | |



Day-2

Free Papers

ORAL PRESENTATION

19th April 2026

(Sunday)

7:45-9:00 am

Free Paper Oral Presentation

Chairpersons : Dr Roopesh Jain, Dr Rahul Agrawal

1

To study the biochemical cardiac parameters in cases of opo poisoning and it's correlation with ecg and echocardiography findings
Dr Armaan Bansal, Dr. Kanha Gupta, Prof. Dr. Archana Gupta
Department of General Medicine
Gajra Raja Medical College, Gwalior

2

Adult-onset Still's Disease in a 25 year old Patient
Dr Lokesh Kirar, Dr P Durvey, Dr P Dwivedi, Dr D Mekle, Dr Simmi Dube
Department of General Medicine
Gandhi Medical College, Bhopal

3

Clinical, Electrocardiographic & Echocardiographic Paradigms in Dilated Cardiomyopathy: Bridging the Gap between Symptoms & Diagnostics
Dr Kunal Solanki, Dr hubham Patel, Dr Devansh Shah, Dr Keval Beladiya, Dr Ama kumar Bhattacharya
Department of Medicine
SBKS MC & RI, Sumandeep Vidyapeeth , Vadodara, Gujarat

4

A rare case of hypothyroid mayopathy in a adult male
Dr Dishant Yadav, Dr S S Raghuwanshi, Dr A Arya, Dr A. Chouhan, Dr S Chandel, Dr Simmi Dube
Department of General Medicine
Gandhi Medical College, Bhopal

5

Abdominal obesity and incident cardio-metabolic disorder
Dr Shah Devansh Dipak, Dr Shubham Patel, Dr Khushboo parajapati, Dr Amal kumar Bhattacharya
Department of Medicine
SBKS MC & RI, Sumandeep Vidyapeeth , Vadodara, Gujarat

6

Barriers to adoption of mineralocorticoid receptor antagonist for HFREF management in India: Findings from the Physician's Perspectives & Practice survey
Dr Prashant Rane, Dr Nakul Gupta, Dr Khaja Nisar Yahya, Dr Smit Janrao, Dr Raju Kanak, Dr Debatra Bose, Dr Prajakta Nidhankar, Dr Satyashil Ingle, Dr Rahul Iyer, Dr Amarnath Sugumaran
Cipla limited, Mumbai.

7:45-9:00 am Free Paper Oral Presentation

Chairpersons : Dr Tanuja Manohar, Dr Roshan Chanchlani

| | |
|----------|---|
| 1 | <p>Case of rare inherited bleeding disorder Dr Deepika Kalani, Dr V K Nandmer, Dr R S Saxena, Dr Anil Sejwar, Dr Simmi Dube Department of General Medicine Gandhi Medical College, Bhopal</p> |
| 2 | <p>Lipid Profile as a Predictor of Mortality in Sepsis Dr Govind Hadgarada, Dr Amalkumar Bhattacharya, Dr Khushboo Prajapat, Dr Shivam Kaneria, Dr Shubham Patel Department of Medicine SBKS MC & RI, Sumandeep Vidyapeeth , Vadodara, Gujarat</p> |
| 3 | <p>Diffuse Systemic Sclerosis with Interstitial Lung Disease and Pulmonary Hypertension in a Young Male: A Case Report Dr Mayuresh Jawalgaonkar Department of General Medicine N. K. P. Salve Institute of Medical Sciences & Research Centre And Lata Mangeshkar Hospital, Nagpur</p> |
| 4 | <p>Etiologic and demographic profile of heart failure patients Dr Deep Patel, Dr Kunal Solanki, Dr hubham Patel, Dr Devansh Shah, Dr Keval Beladiya, Dr Ama kumar Bhattacharya Name of the Deptt SBKS MC & RI, Sumandeep Vidyapeeth, Vadodara</p> |
| 5 | <p>A Case Of Pulmonary Thromboembolism In A Patient Secondary To POSTERIOR Nutcracker Syndrome Dr Srirangi Rajachaitanya, Dr Sanjay Kalbande, Department of General Medicine Chalmeda Anand Rao Institute Of Medical Sciences College, K-Nagar</p> |
| 6 | <p>A real-world study assessing the dosage pattern and demographics of patients with HFREF initiated on ARNI in India: The ADD ARNI study Dr P B Jayagopal, Dr Kamal Sharma, Dr Arindam Pande, Dr Sanjay Mittal, Dr Ashwani Mehta, Dr Rahul Iyer, Dr Amarnath Sugumaran, Dr Sandesh Sawant, Dr Senthilnathan Mohansundaran Cipla limited, Mumbai.</p> |

| 7:45-9:00 am Free Paper Oral Presentation | |
|---|---|
| Chairpersons : Dr Nalini Humane. Dr A K Bhattacharya | |
| 1 | <p>Body mass index in acute heart failure: association with clinical profile, therapeutic management and in-hospital outcome</p> <p>Dr. Shivam Kaneria, Dr Amalkumar Bhattacharya, Dr. Shubham Patel, Dr. Govind Sindhav, Dr. Khusboo Prajapat</p> <p>Department of Medicine, SBKS MC & RI, Sumandeep Vidyapeeth, Vadodara</p> |
| 2 | <p>Refractory Hypoxemia with Generalized Seizure and Preserved PaO₂: A Case of Acute Methemoglobinemia.</p> <p>Dr Shivam Bhattad, Dr Mausam Jain Dr Tanuja Manohar</p> <p>Department of General Medicine</p> <p>N. K. P. Salve Institute of Medical Sciences & Research Centre, Nagpur</p> |
| 3 | <p>Requency of sarcopenia and its association with severity of cirrhosis- An analytical cross sectional study.</p> <p>Dr Anaya Kamalapurkar, Dr. Tanuja Manohar</p> <p>Department of General Medicine</p> <p>NKP SIMS and Lata Mangeshkar hospital, Nagpur</p> |
| 4 | <p>Unusual Presentation Of SLE In Adults With Sinus Node Dysfunction</p> <p>Dr Settypalli Neeraj Krishna, Dr Sanjay Kalbande</p> <p>Department of General Medicine</p> <p>Chalmeda Anand Rao Institute Of Medical Sciences, Karimnagar</p> |
| 5 | <p>A cross sectional study of dermatological manifestations in patients with chronic kidney disease</p> <p>Dr Koppineedi Akash, Dr Sanjay Kalbande, Dr Peddi Sandeep</p> <p>Department of General Medicine</p> <p>Chalmeda Anand Rao Institute Of Medical Sciences, Karimnagar</p> |
| 6 | <p>Impact and feasibility of remote ischemic preconditioning in prediabetic individuals.</p> <p>Dr Divya A, Dr Abhishek Singhai, Dr V N Mishra, Dr Seema Mahant</p> <p>Department of General Medicine</p> <p>All Indian Institute of Medical Sciences, Bhopal</p> |



Day-2

Free Papers

POSTER PRESENTATION

19th April 2026

(Sunday)

| 7:45–9:00 am | | Free Paper Poster Presentation |
|--------------|---|---|
| 1 | A rare case of ectopic PTH secretion from an aneurysmal bone cyst | Dr Akash Gaur , Dr SS Raghuwanshi, Dr A Arya, Dr Simmi Dube Department of General Medicine Gandhi Medical College, Bhopal |
| 2 | Crescentic IgA Nephropathy in a Patient With Autoimmune Thyroiditis: Dialysis Dependence Followed by Steroid-Induced Renal Recovery | Dr Nayan Yadav , Dr S S Raghuwanshi, Dr H Sharma, Dr A Arya, Dr. Simmi Dube Department of General Medicine Gandhi Medical College, Bhopal |
| 3 | A Case of Scrub Typhus progressing to Gullian Barre Syndrome in Central India | Dr Soumya Verma , Dr S S Raghuwanshi, Dr A Dubey, Dr A Arya, Dr A Chouhan, Dr S Dube Department of General Medicine Gandhi Medical College, Bhopal |
| 4 | Thyrotoxicosis induced hypokalemic periodic paralysis | Dr Agamdeep Singh Cheema , Dr R S Jagat, Dr M Sharma, Dr S Alawe, Dr A Solanki, Dr Simmi Dube Department of General Medicine Gandhi Medical College, Bhopal |
| 5 | Isoniazid Induced Cerebellar Ataxia in a 17-Year-Old Patient | Dr Bharat Bhushan , Dr R S Yadav, Dr. Simmi dube, Dr. Arvind Mittal, Dr. Ayush Dubey Department of General Medicine Gandhi Medical College, Bhopal |

| 7:45-9:00 am Free Paper Poster Presentation | |
|---|---|
| 6 | <p>Kounis Syndrome : A case of Vancomycin induced Acute Coronary Syndrome</p> <p>Dr Saurabh Khedkar, Dr Nalini Humaney, Dr Tanuja Manohar Department of General Medicine N. K. P. Salve Institute of Medical Sciences & Research Centre And Lata Mangeshkar Hospital, Nagpur</p> |
| 7 | <p>Concomitant Occurrence of Two Hematological Disorders with Renal Involvement: A Rare Case Report</p> <p>Dr. Archit Vats, Dr Devpriya Lakra Department of General Medicine Pt. JNM Medical College, Raipur</p> |
| 8 | <p>Alcohol septal ablation in management of HOCM</p> <p>Dr Navin Kumar Choudhary, Dr D P Lakra, Dr A Toppo Department of General Medicine Pt. JNM Medical College, Raipur</p> |
| 9 | <p>Beyond Age Barriers - A case of myocardial infarction in an adolescent.</p> <p>Dr Bhagawat Dewangan, Dr D P Lakra Department of General MedicineA Pt. JNM Medical College, Raipur</p> |
| 10 | <p>Excimer laser in chronic total renal artery stenosis</p> <p>Dr Bhupendra Singh, Dr D P Lakra, Dr, S Chandravanshi Department of General Medicine Pt. JNM Medical College, Raipur</p> |

| 7:45–9:00 am | | Free Paper Poster Presentation |
|--------------|---|--------------------------------|
| 11 | Hypertrophic Cardiomyopathy Presenting with Syncope in a Young Adult: A Case Report Dr Rupendra Shyam , Dr D P Lakra, Dr A Toppo Department of General Medicine Pt. JNM Medical College, Raipur | |
| 12 | An incidentally detected case of primary adrenal insufficiency in a tertiary care hospital in central India Dr Archi Bhandari , Dr S S Raghuwanshi, Dr S Chandel, Dr A Chauhan, Dr A Arya, Dr Simmi Department of General Medicine Gandhi Medical College, Bhopal | |
| 13 | Pericardial tamponade(beck's triad) presenting due to coronary artery aneurysm following percutaneous coronary intervention to the lad artery :A Case Report Dr Chilagani Sai Vasanth , Dr Sanjay Kalbande Department of General Medicine | |
| 14 | Lupus Pleuritis In Systemic Lupus Erythematosus With Left Pleural Effusion – A Rare Presentation Dr G Sai Sharan Department of General Medicine Chalmeda Anand Rao Institute Of Medical Sciences, Karimnagar | |
| 15 | A Case Report of Reversible Dilated Cardiomyopathy. Dr Rupesh Kumar Patel , Dr Abhishek Singhai, Dr Seema Mahant Department of General Medicine All Indian Institute of Medical Sciences, Bhopal | |



Conference Secretariat

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